The WISHLIST is your list to view daily, weekly, or at any other desired pace. If you had all the money and time you wanted, what would be on your wishlist?

Wishlist						
Step 1. Wishlist	Why do I want this goal?	My goal	Final goal	Moral Fair	Grow Give	See it

Wellness – healthy-mental, physical and spiritual
Information – education, knowledge, or wisdom
Serenity – peace of mind
Hope – for life and the future
Lasting relationships – with substance and meaning
Income – comfortably pay bills
Security – stability and safety
Targets – purpose, direction, something to aim for

Step 2. Identify Final goal. Circle, underline, etc.
Step 3. Qualify "yes" to all of the questions below
Did I answer, in one sentence, *why* I want this?
Is it *my goal* to control - not parents, spouse, etc?
Will this take me closer to my *final goal?*
Is this *moral* and *fair* to all involved?
Will this goal help me *grow* or *give?*
Do I *see* myself reaching this goal?

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