

Tracking Strengths and Habits

Week		Date Starting	mtd						
Outgoing	Task	Dominant	Driven - Go getter	/	/	/	/	/	/
			Decisive	/	/	/	/	/	/
			Definite - firm	/	/	/	/	/	/
			Daring-bold	/	/	/	/	/	/
			Direct-outspoken, candid	/	/	/	/	/	/
			Delegate-designate	/	/	/	/	/	/
			Developer-initiator	/	/	/	/	/	/
			Leader	/	/	/	/	/	/
			Persistent, competitive	/	/	/	/	/	/
			Focused	/	/	/	/	/	/
Outgoing	People	Influence	Interactive-social, friendly	/	/	/	/	/	/
			Informative-talkative, chatty	/	/	/	/	/	/
			Inspiring-encourager	/	/	/	/	/	/
			Idealist-optimistic,	/	/	/	/	/	/
			Excited, enthused	/	/	/	/	/	/
			Forgiving	/	/	/	/	/	/
			Hopeful	/	/	/	/	/	/
			Persuasive, convincing	/	/	/	/	/	/
			Confident	/	/	/	/	/	/
			Charismatic, charming	/	/	/	/	/	/
Reserved	People	Steady	Sincere, trustworthy, genuine	/	/	/	/	/	/
			Softhearted-kind, gentle	/	/	/	/	/	/
			Submissive-obedient	/	/	/	/	/	/
			Supportive	/	/	/	/	/	/
			Satisfied-content, flexible	/	/	/	/	/	/
			Patient, relaxed, calm	/	/	/	/	/	/
			Teamwork - cooperative	/	/	/	/	/	/
			Loyal	/	/	/	/	/	/
			Good listener, attentive	/	/	/	/	/	/
			Reserved	Task	Conscientious	Cautious	/	/	/
Controlled-disciplined	/	/				/	/	/	/
Compliant-by the book	/	/				/	/	/	/
Committed	/	/				/	/	/	/
Considerate	/	/				/	/	/	/
Organized, detail oriented	/	/				/	/	/	/
Correct-accurate	/	/				/	/	/	/
Punctual	/	/				/	/	/	/
Careful-analytical, examining	/	/				/	/	/	/
Calculated-logical, rational	/	/				/	/	/	/
Personal Tracking				/	/	/	/	/	/
				/	/	/	/	/	/
				/	/	/	/	/	/
				/	/	/	/	/	/
				/	/	/	/	/	/
				/	/	/	/	/	/
Totals				/	/	/	/	/	/